

NEWS SHEET

bathurst.u3anet.org.au

TERM 2, 2016 MONDAY, MAY 2 – FRIDAY, JUNE 10

New Look Newsletter

Are you thinking your newsletter has shrunk? You are right - it has. This is one way we can keep down costs for you. If you are looking for information on classes continuing from Term 1, you will find it on our website. Make sure you read all the course information carefully. Note that some venues have changed.

AGM

Our thanks to those who came to our AGM held on March 23. Your new committee is listed on page 2.

Pre-term Lunch

The pre-term lunch at The George was attended by 43 people. It was so successful that Pixie is running another lunch to get ready for Term 2.

Code of Conduct

Please remember that you signed your membership form to say that you would abide by our new code of conduct. I know that the last thing you would think of as you are carted off to hospital is to ring a tutor, but please try to let our tutors know if you are not attending a class or if you have withdrawn from a class. Tutors often prepare materials and it is waste of money to make photocopies for people who are not in class. A few of our classes have waiting lists and someone would love your place if you don't intend to continue with a course.

Enrolment

Please make sure you put in an enrolment form if you intend going to a class. We can't let you know that a course is cancelled if we don't have a form.

Late Enrolments

Please also remember that if you enrol after the date below you must contact our enrolment Officer, Sally Fulton, before putting in your form. She will advise you about full classes. You cause embarrassment to the tutor and yourself if you turn up to a class which cannot accept you.

Survey Results

We had the most amazing response to our survey and a huge thank you to all those who responded. Our return rate was nearly 50%, way above the normal 2% for a survey. What did we find out?

- 90% of you heard about U3A from a friend or neighbour.
- Many of you read the local papers – five times as many as listen to the radio. Your preferred paper is the Western Advocate.
- Your average age is just over 70 and there are only a handful of members under 60.
- We are not much wiser about your main course preference. It was hard to pick just one interest, but we already know from enrolments about how multi-talented you are. But we did find out you have embraced a healthier and more active lifestyle, which is the one most important thing you can do for continued good health.
- A surprising number of you are willing to travel to attend a course. Or maybe not so surprising when we have members who travel from Blackheath, Pyramul, Black Springs, Blayney and Orange.

Sue Doolan

Enrolments for Term 2 close Friday, April 22

BATHURST U3A OFFICE BEARERS

Patron

Dr Peter Hodgson

Public Officer

Stuart Dickson

President

Sue Doolan 6337 2052

Vice President

Pixie Lincoln 6334 3863

Secretary

Susan Taylor 0434 146 237

Treasurer

Greg Vinall 6334 3186

Committee Members

Allison Aspden 6332 3036

Jenny Barnes 6331 2770 Lindsay

Cox 0429 916 618 Sally

Fulton 6331 5760

Timothy Herbert 6332 4962

Judie Pedersen 6331 6013

Christine Stopford 6359 5211

NEW COURSES



Stretch and Flex

Monday 8.30 - 9.15

Pixie Lincoln 0402 116367

21 Bradwardine Road

An exercise class to replace Fitness Fusion, with gentle stretch and flex, balance, with a mixture of Tai Chi and Yoga, all designed for overall wellbeing. Cost \$5 per class



Microsoft Office

Tuesday 2 - 3.30

Errol Chopping 0412 218 345

Library Meeting Room

An introduction to Word, Excel and Powerpoint, with two weeks being spent on each program. Every second week you will work on a project using your own computer or one shared with a friend. Limit of 10.



Opera

Thursday 2.15 - 3.45

Petah Burns 0417 671 556

Room 31 CSU

Why do so many operatic heroines die on stage? Carmen is stabbed; Butterfly and Lucia stab themselves; Tosca jumps from the battlements; Mimi and Violetta cough themselves to death! To name a few. Because of Cruel Conductors? Too tight Corsets? The Tenor's bad breath? Investigate the 'Case of the Dying Divas' with one who has been there and survived.



Exercise Your Brain

Friday 2 - 3.30

Sue Doolan 6337 2052

Library Meeting Room

Learn how to improve your memory and stimulate your brain with fun puzzles and games. Bring paper, pencils and an eager mind.

MONDAY MORNING SHOW

The presenters send their apologies, but it had proved to be impossible to organize speakers for this term and there will be no Monday Morning Show.

SOCIAL LUNCH

Let us celebrate the start of a new term with a lunch together.

Where: Birdie and Eagle Bistro, Bathurst Golf Club, Great Western Highway
When: Friday 29th April at 11.45 for 12
Menu Choose from the \$15 lunch menu which includes a complimentary drink from the bar or tea/coffee. A choice of desserts is available for additional purchase.

RSVP by 27th April to Pixie Lincoln 6334 3863.



NEW COURSE DESCRIPTIONS

Literature

Monday 2.15 – 3.45
Room 31 CSU

In this session we shall explore the premise that the short story takes “a moment in time to make a much larger point about the world we live in”. Historical settings and themes are varied. *Dr Joan Phillip*

Psychology

Tuesday 2.15 – 3.45
Room 31 CSU

What has psychology got to do with language? Along with our amazing brains it is the thing which makes us most different from other animals. Let us explore it. *Barbara Brewer*

Music Appreciation

Thursday 10 – 11.30
Conservatorium

In Term 2 Music Appreciation we will continue listening to the wide variety of music written between the Two World Wars; 1932 - 1942. Genres include popular and hit songs (including jazz), musical movies, musical theatre, opera, ballet and contemporary classical music. This was a rich, diverse and sometimes surprising period in musical culture! *Fiona Thompson*

History of Assyria

Tuesday 10 – 11.30
Room 31 CSU

The History of Assyria continues from Adad-nirari II (911-891) was the one who began Assyrian expansion once more, inaugurating the Neo-Assyrian Empire to the Fall of Nineveh and the extinction of the Assyrian Empire in 605 BC. *Carla Archer*

CHANGES

Recorders – both groups will be combined and will meet on Tuesday from 1.00 – 2.30 at the same venue. No new members can be accepted at this time. Contact:

Helen Pitcher Phone: 0428 260 211 SMS ONLY or email h.pitcher@bigpond.com

Kay Campbell Phone: 6332 3000 or email kec60@bigpond.com

Lawn Bowls will commence in Week 2 on Monday May 9 and run for 6 weeks until Monday June 13.

NEW VENUES

Philosophy, Hidden Mysteries of Nature and Science, Chess will all move to the Macquarie Room in Panthers. Please meet your tutor in the foyer to sort out the signing-in of non-members.

Stepping Outside My Boundaries will move into the Library Meeting Room.

COURSES NOT RUNNING IN TERM 2

Fitness Fusion (Monday and Wednesday) – replaced on Mondays by Stretch and Flex.

Samplers and Stitches

Armchair Travel

COURSES WHICH ARE CURRENTLY FULL:

Cryptic Crosswords – both groups are full and are not accepting new members

Recorders – the two groups have combined and are not accepting new members

Basics of Drawing – you are welcome to join the waiting list

Yoga – you are welcome to join the waiting list

Craft Collective – you are welcome to join the waiting list

Getting it All Down – you are welcome to join the waiting list

Quilting and Craft – you are welcome to join the waiting list

Crime Fiction Week 1 – you are welcome to join with the Week 2 group

COURSE TIMETABLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STRETCH AND FLEX 8.30 – 9.15	CREATIVE WRITING 10 – 12	BASICS OF DRAWING 9.30 – 11	CRAFT COLLECTIVE 10 – 12	QUILTING & CRAFT 9.30 – 12
LAWN BOWLS 10 – 12	ANCIENT ASSYRIA 10 – 11.30	SIMPLY WRITE 10 – 11.30	MUSIC APPRECIATION 10 – 11.30	CURRENT AFFAIRS 9.30 – 10.45
MAH JONG 10 – 12	BONSAI BUDDIES 10 – 12	GEOCACHING 10 – 3	GERMAN 10 – 11.30	STITCH 'N' CHAT 10 – 12
A NEW YOU 10.30 – 11.30	REVITALISE 11.30 – 12.30	SPANISH 10 – 11.30	BONSAI BUDDIES BEGINNERS 10 – 12	TABLE TENNIS 10 – 11.30
SINGING FOR PLEASURE 12.30 – 2.30	RECORDERS 1 – 2.30	YOGA 10.30 – 12	GETTING IT ALL DOWN 10 – 12	HIDDEN MYSTERIES 10 – 11.30
TAI CHI New 12.30 – 1.30 Continuing 1 – 2	PSYCHOLOGY 2.15 – 3.45	PHILOSOPHY 1 – 2.30	REVITALISE 11.30 – 12.30	ART ATTACK 1 – 4
STEPPING OUTSIDE MY BOUNDARIES 1 – 2.30	CRIME FICTION & READ AND SHARE 2 – 3.30	ART ATTACK 1 – 4	TAI CHI New 12.30 – 1.30 Continuing 1 – 2	CHESS 1.30 – 3
LITERATURE 2.15 – 3.45	INTRODUCTION TO MICROSOFT OFFICE 2 – 3.30	LEARN TO PLAY BRIDGE 2 – 4	OPERA 2.15 – 3.45	EXERCISE YOUR BRAIN 2 – 3.30
CRYPTIC CROSSWORDS 2.15 – 3.45	TABLE TENNIS 2 – 3.30		CRYPTIC CROSSWORDS 2.30 – 4	

ENROLMENT FORM

If you are not currently a member, please get an Information Sheet from our website, bathurst.u3anet.org.au, The Neighbourhood Centre or the Library. Use the form in the Information Sheet to complete your enrolment.

For current members, you may:

- Email your choices to shardy@westnet.com.au and save paper.
- Mail a cheque and your completed form to The Treasurer, Bathurst U3A, PO Box 1332, Bathurst 2795.
- **Put your completed form in an envelope** and take it to The Neighbourhood Centre, 96 Russell Street (formerly BINC).
- If you enrol after April 22 you **MUST** contact our Enrolment Officer, Sally Fulton before going to class: 6331 5760 or salkenful@internode.on.net.

Name _____ Phone _____

My form will be in before the closing date

My form will be late and I have contacted Sally Fulton

For Revitalise, Tai Chi, and Art Attack please specify both the course name and the day(s) you wish to attend.

Please list any course(s) that you wish to discontinue.

Assume your application is successful unless otherwise notified.

Enrolments for Term 2 close Friday, April 22

Bathurst U3A is grateful to all the community organisations which provide us with venues at very reasonable rates, namely Hope Church, The Neighbourhood Centre, Bathurst Regional Council, Church of Christ, Bathurst Baptist Church, Panthers, CSU and Girl Guides.