



NEWS SHEET

bathurstu3anet.org.au

TERM 2, 2017 MONDAY, MAY 1 – FRIDAY, JUNE 9



Do you want to improve your physical health and well-being but don't know where to start?

Charles Sturt University (CSU) is conducting a research study that provides free health coaching to improve and increase physical activity in your day to day life as well as addressing the risk of falls as you get older.

If you are interested please contact Pixie Lincoln 6334 3863 and sign up for a presentation by Dr James Wickham and Shona Manning (balance and falls prevention physiotherapist) from CSU. This will be held on a date before term starts.

ARE YOU OVER 60?

DO YOU WANT TO
IMPROVE YOUR
PHYSICAL HEALTH
AND WELL BEING?

WOULD YOU LIKE TO
TAKE PART IN AN
IMPORTANT AND
VALUABLE RESEARCH
STUDY?

Enrolments for Term 2 close Friday, April 21

BATHURST U3A OFFICE BEARERS

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Pixie Lincoln 6334 3863
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Alan Taylor 6331 5924
Greg Vinall 6334 3186

NEW COURSES



Introduction to Woodwork

Friday 9 – 10.30

George Ballard 0427 030 599

*Central Tablelands Woodcraft
Dorman Place, Kelso (off Gilmour
Street)*

Participants will gain skills in measuring, using hand tools and finishing timber by planing, sanding, staining or oiling. All must wear covered shoes or boots. Cost for materials is \$20.



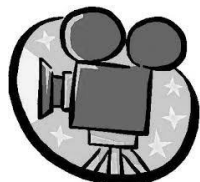
Woodcarving

Monday 1 - 4

Ern Muller 6334 4616

Seymour Centre Men's Shed

Participants will complete some exercises before carving an article of their choice. Please supply your own timber. Cost \$20.



Memorable Movies

Thursday 2.15 - 4

Allison Aspden 6332 3036

Room 31 CSU

Do you want to indulge in seeing great movies from bygone years? Come along to this session.

NEW COURSE DESCRIPTIONS

Literature

Monday 2.15 – 3.45

Room 31 CSU

Topic: "Twentieth Century Dystopias". Class members are asked to read these three books in preparation for the term "Brave New World" (1932 Aldous Huxley); "Nineteen Eighty-Four" (1949 George Orwell) and "The Handmaid's Tale" (1986 Margaret Atwood).
Sandra Chapman

Music Appreciation

Thursday 10 – 11.30

Conservatorium

Strings Through the Ages – an exploration of the history of stringed instruments with examples of the development from early days through to the modern period.
Angela Lindsay

Old Kingdom and Middle Kingdom Egypt

Tuesday 10 – 11.30

Room 31 CSU

Review the first 3000 years of human history and civilisation in the Valley of the Nile River in North Africa and the impact on history of the flow of the Nile River.
Carla Archer

CHANGES

Spanish	The class will be taken by Manuel Pro while Jenny is overseas, but no new members can be accepted.
Creative Writing	The class will be taken by Rhonda Scott while Jenny is overseas, but no new members can be accepted.
Current Affairs	Moderator – Lindsay Cox.
Social Scrabble	New time 1.30 – 3.30.

COURSES NOT RUNNING IN TERM 2

Armchair Travel

To Be or Not To Be – Playing Shakespeare

Technology and Science

German

French with Jeanine

COURSES WHICH ARE CURRENTLY FULL:

Craft Collective

Creative Writing

Crime Fiction

Cryptic Crosswords – both groups

French

Getting it All Down t

Just Write -

Mah Jong

Quilting and Craft

Spanish

Table Tennis

Yoga

BATHURST REGIONAL ART GALLERY VOLUNTEER GUIDES

Do you enjoy art and talking to people? Have a spare few hours once or twice a month during weekends? Do you enjoy volunteering with like-minded people? Then becoming a Volunteer Gallery Guide could be a great fit for you.

BRAG (Bathurst Regional Art Gallery) prides itself on having one of the most vital and dynamic Volunteer Gallery Guide organisations of any regional gallery in NSW.

Anyone interested in becoming a Volunteer Gallery Guide is invited to pop down to the gallery over a weekend and have a chat with the Guide on duty or call the gallery on 6333 6555.

COURSE TIMETABLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STRETCH AND FLEX 8.30 - 9.15	CREATIVE WRITING 10 - 12	JUST WRITE 10 - 12	CRAFT COLLECTIVE 10 - 12	INTRODUCTION TO WOODWORK 9 - 10.30
LAWN BOWLS 10 - 12	OLD AND MIDDLE KINGDOMS, EGYPT 10 - 11.30	GEOCACHING 10 - 3	MUSIC APPRECIATION 10 - 11.30	QUILTING & CRAFT 9.00 - 12
MAH JONG 10 - 12	BONSAI BUDDIES ADVANCED 10 - 12	SPANISH 10 - 11.30	BONSAI BUDDIES CONTINUING 10 - 12	STITCH 'N' CHAT 10 - 12
CURRENT AFFAIRS 10.15 - 11.45	REVITALISE 11.30 - 12.30	YOGA 10.30 - 12	GETTING IT ALL DOWN 10 - 12	TABLE TENNIS 10 - 11.30
SINGING FOR PLEASURE 12.30 - 2.30	DISCOVER RECORDERS 12.30 - 1	PHILOSOPHY 1 - 2.30	REVITALISE 11.30 - 12.3	METAPHYSICS 10 - 11.30
TAI CHI New 12.30 - 1.30 Continuing 1 - 2	REDISCOVER RECORDERS 1 - 2.30	ART ATTACK 1 - 4	TAI CHI New 12.30 - 1.30 Continuing 1 - 2	ART ATTACK 1 - 4
WOODCARVING 1 - 4	CRAFT 2.15 - 4	MODERN DANCE 2 - 3.30	SOCIAL SCRABBLE 1.30 - 3.30	CHESS 1.30 - 3
WRITING YOUR OWN STORY 2 - 3.30	CRIME FICTION 1 ST & 2 ND TUESDAY 2 - 3.30	LEARN TO PLAY BRIDGE 2 - 4	INTERMEDIATE LEVEL TAI CHI 3.15 - 4.15	
LITERATURE 2.15 - 3.45	READ AND SHARE 3 RD & 4 TH TUESDAY 2 - 3.30		MEMORABLE MOVIES 2.15 - 4	
CRYPTIC CROSSWORDS MONDAY 2.15 - 3.45			CRYPTIC CROSSWORDS THURSDAY 2.30 - 4	

TO BE OR NOT TO BE – PLAYING SHAKESPEARE



The photo is from the "To be or not to be Playing Shakespeare" group. Our wonderful Course Tutor was Petah Burns. With group participation, Petah produced and directed an annotated version of "Hamlet". We loved treading the boards and thoroughly enjoyed developing the costumes. Kerry Mahony went the extra mile and painted a backdrop. We are all in the photo. At the conclusion of the performance, the audience called for Petah to come onto the stage and she was presented with two bouquets of flowers and a thank you card.

Jennifer Short

ENROLMENT FORM

If you are not currently a member, please get an Information Sheet from our website, bathurst.u3anet.org.au, The Neighbourhood Centre or the Library. Use the form in the Information Sheet to complete your enrolment.

For current members, you may:

- Mail a cheque and your completed form to The Treasurer, Bathurst U3A, PO Box 1332, Bathurst 2795.
- **Put your completed form in an envelope** and take it to The Neighbourhood Centre, 96 Russell Street (formerly BINC).
- If you enrol after April 21 you **MUST** contact our Enrolment Officer, Sally Fulton before going to class: 6331 5760 or salkenful@internode.on.net.

Name _____ Phone _____

My form will be in before the closing date

My form will be late and I have contacted Sally Fulton

For Revitalise, Tai Chi, and Art Attack please specify both the course name and the day(s) you wish to attend.

Please list any course(s) that you wish to discontinue.

Assume your application is successful unless otherwise notified.

Enrolments for Term 2 close Friday, April 21

Bathurst U3A is grateful to all the community organisations which provide us with venues at very reasonable rates, namely Hope Church, The Neighbourhood Centre, Bathurst Regional Council, Bathurst Baptist Church, Panthers, CSU and Girl Guides.

If undeliverable, return to:
The Bathurst U3A Inc.
PO Box 1332 BATHURST 2795
U3A Newsletter Term 2, 2017

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NEWSLETTER

TERM 2, 2017

If this Newsletter is delivered to you by mistake, please mark it 'Not at this Address' and re-post it so that we can make sure all our members receive it.