

<b>Aqua Aerobics</b> James McBryde 6358 0002	Friday 12:00PM - 12:45PM <i>Dedicated To Fitness (DTF)</i>	Enjoy low impact gentle exercises in a shallow swimming pool to help reduce your blood pressure; improve your muscle endurance and cardiovascular health. The buoyancy and resistance of the water provides a safe way to exercise and limits the chance of falls or suffering injuries which can occur doing land based exercises. The cost is \$5 per visit and the gym provides a social cuppa after the class.
<b>Archery Come N Try</b> Lynette Vidler	Tuesday 02:00PM - 03:00PM <i>Bathurst Archery Club</i>	Learn basic archery skills using a recurve bow. All equipment provided. Please wear closed-in shoes and reasonably close-fitting clothes. Challenge yourself in a fun and supportive environment. Cost is \$5 per session. Continuing archers will need to be members of Archery Australia & Bathurst Archers
<b>Archery on Monday</b> Lynette Vidler	Monday 02:00PM - 03:00PM <i>Bathurst Archery Club</i>	Learn basic archery skills using a recurve bow. All equipment provided. Please wear closed-in shoes and reasonably close-fitting clothes. Challenge yourself in a fun and supportive environment. Cost is \$5 per session. Continuing archers will need to be members of Archery Australia & Bathurst Archers
<b>Art Attack Friday</b> Paul Martensz 6332 1017	Friday 01:00PM - 04:00PM <i>Room 31, CSU</i>	A relaxed atmosphere in which participants can work on producing their own works and developing new skills for their art. Advice is feely given when it is requested.
<b>Art Attack Wednesday</b> Jennifer Edmonds 6337 4834	Wednesday 01:00PM - 04:00PM <i>Room 31, CSU</i>	A relaxed atmosphere in which participants can work on producing their own works and developing new skills for their art. Advice is feely given when it is requested.
<b>Bonsai Buddies</b> Dianna Baillie 0466 955 946	Tuesday 10:00AM - 12:00PM <i>Walmar Park</i>	Theory and practice to maintain and enjoy little trees.
<b>Chess</b> Josef Buchta 6334 2541	Friday 01:30PM - 03:00PM <i>Panthers</i>	If you look for mental activity and social interaction in pleasant surroundings, you are welcome to join us.
<b>Conversational Spanish</b> Manuel Pro 0434832118	Wednesday 11:00AM - 12:30PM <i>Panthers</i>	Spanish for Beginners is suitable for people interested in the Spanish language - pronunciation, grammar, and sentence development.. Conversational Spanish continues on from this. It covers the basic Communication skills that are required to converse with Spanish speakers.
<b>Craft Collective</b> Margaret Connoley 6332 6701	Thursday 10:00AM - 12:00PM <i>Church of Hope</i>	Come along with a project or learn new skills and enjoy friendship.
<b>Creative Writing</b> Jenny MacLennan 0407 412 929	Tuesday 10:15AM - 12:00PM <i>Panthers</i>	A structured course with mini-lectures on the writing process, term themes, and assignments.
<b>Crime Fiction Week 1</b> Libby Tink 6331 0769	Tuesday 02:00PM - 03:30PM <i>Bathurst Neighbourhood Centre</i>	During each month, we all read one or more books written by a nominated crime fiction author. Different members of the group lead the monthly discussions. Normal term dates do not apply. Week 1: Libby Tink; Week 2: Jennifer Short. The Week 2 class 'carry-on' at Afternoon Tea in a local coffee shop.
<b>Crime Fiction Week 2</b> Jennifer Short 6331 6942	Tuesday 02:00PM - 03:30PM <i>Bathurst Neighbourhood Centre</i>	During each month, we all read one or more books written by a nominated crime fiction author. Different members of the group lead the monthly discussions. Normal term dates do not apply. Week 1: Libby Tink; Week 2: Jennifer Short. The Week 2 class 'carry-on' at Afternoon Tea in a local coffee shop.
<b>Cryptic Crosswords on Monday</b> Lesley Carroll	Monday 02:15PM - 03:45PM <i>Macquarie Care</i>	A group for people who enjoy solving cryptic crosswords with others. An understanding of how cryptic clues work would be helpful.
<b>Cryptic Crosswords Thursday</b> Lesley Carroll	Thursday 02:30PM - 04:00PM <i>Home of Lesley Carroll</i>	A group for people who enjoy solving cryptic crosswords with others. An understanding of how cryptic clues work would be helpful.
<b>Current Affairs</b> Lindsay Cox 0429 916 618	Monday 10:15AM - 11:45AM <i>Panthers</i>	Discussion group
<b>Discover Recorders</b> Kay Campbell 6332 3000	Tuesday 12:30PM - 01:00PM <i>Bathurst Baptist Church</i>	Little or no experience required. Easy techniques in breathing, finger placement and basic. Note: reading is covered.
<b>Geocaching</b> Lesley Buchan 6337 4161	Wednesday 09:30AM - 04:00PM <i>Bathurst Library Foyer</i>	An outdoor worldwide 'treasure' seeking game using the internet and a GPS unit. See <a href="http://www.geocaching.com">www.geocaching.com</a> . [Weeks 2, 4 and 6]

<b>German</b> Jenny MacLennan 0407 412 929	Thursday 10:15AM - 12:00PM <i>Panthers</i>	Some knowledge of German required as the course has been running for several years.
<b>Getting it all Down</b> Sue Jones 6332 3463	Thursday 10:00AM - 12:00PM <i>Bathurst Baptist Church</i>	The most precious gifts you can leave your family are your memories. Write and share your stories with a supportive group. This is not a how-to-write class.
<b>Introduction to Croquet</b> Gail Osborne 6332 3551	Friday 09:00AM - 12:00PM <i>Croquet Court</i>	Participants will learn the skills required to play various forms of Croquet. Need to wear flat soled shoes/joggers. Bring sun protection. Cost \$30.
<b>Just Write</b> Wendy Casey 6358 0403	Wednesday 10:00AM - 12:00PM <i>Seymour Centre</i>	To be part of a cohesive and trusting group who share what they have written whether it is fact, fiction, life stories or poetry. Our mission is to "Just Write".
<b>Literature</b> Sandra Chapman 0408 613 787	Monday 02:15PM - 03:45PM <i>Room 31, CSU</i>	Two books by Ray Bradbury will be distributed in Week 1. Short stories (from the first book) will be discussed in Weeks 1 and 2. We will explore Fahrenheit 451 (the second book) in Weeks 3 to 6. Enjoy the world with books!!
<b>Mah Jong</b> Judith Henderson 6331 5101	Monday 10:00AM - 12:00PM <i>Seymour Centre</i>	Mahjong is a game played by up to 4 people using numbered tiles. Mahjong is mostly a game of strategy with an element of chance. Group members enjoy the opportunity to learn together.
<b>Memorable Movies</b> Allison Aspden 6332 3036	Friday 01:45PM - 04:00PM <i>Panthers</i>	We provide a program of movies of all genres. They are movies - often art house, from the 1970's, 1980's 1990's. Something for all!
<b>Metaphysics and Mysteries</b> Brian Sherman 6331 7219	Friday 10:15AM - 11:45AM <i>Panthers</i>	Metaphysical and New Age topics as well as mysteries of the past and present.
<b>Music Appreciation</b> Nicole Hammill 02 6331 6622	Thursday 11:00AM - 12:00PM <i>Bathurst Conservatorium</i>	A staged journey through the history of Western Performance Music - from the inside perspective of an experienced professional musician.
<b>Philosophy</b> Brian Sherman 6331 7219	Wednesday 01:00PM - 02:30PM <i>Panthers</i>	An interactive class discussing general everyday philosophical topics of interest.
<b>Photography</b> Paula Klavins 0448 416 599	Monday 01:30PM - 03:30PM <i>Seymour Centre</i>	Photography is creative, physically active and engaging. This basic course is an encouraging guide to help your creative juices flow, keep the brain working and produce the images you aspire to make. More details are available on our website.
<b>Quilting and Craft</b> Sue Cowdroy 6331 8124	Friday 09:30AM - 12:00PM <i>The Old Evans Shire Council Chambers</i>	Quilting and Craft provides a venue for happy ladies to share or learn various types of quilting or any material/wool crafts.
<b>Read and Share Week 3</b> Allison Aspden 6332 3036	Tuesday 02:00PM - 03:30PM <i>Bathurst Neighbourhood Centre</i>	We read and discuss a variety of books - fiction, non-fiction, memoir, poetry. Members are required to acquire their own books. Discussion of set number of books.
<b>Read and Share Week 4</b> Denise Payne 6332 4869	Tuesday 02:00PM - 03:00PM <i>Bathurst Neighbourhood Centre</i>	We read and discuss a variety of books - fiction, non-fiction, memoir, poetry. Members are required to acquire their own books. Discussion of set number of books.
<b>Reading a French Novel</b> Katherine Cameron 6331 1129	Tuesday 10:00AM - 11:00AM <i>Panthers</i>	Read novel written in French
<b>Rediscover Recorders</b> Kay Campbell 6332 3000	Tuesday 01:00PM - 02:30PM <i>Bathurst Baptist Church</i>	For experienced players who can read music. A collaborative effort keeping pace with player ability to play classic, popular or sacred pieces.
<b>Revitalise and Step</b> Pixie Lincoln 6334 3863	Tuesday 11:30AM - 12:30PM <i>Dedicated To Fitness (DTF)</i>	11-11:30 Step class: especially suited for beginners. High Energy. 11:30-12:30 Revitalise: A low impact workout designed for all fitness levels. Cost \$5. Enjoy social interaction while getting fit.
<b>Revitalise Thursday</b> Pixie Lincoln 6334 3863	Thursday 11:30AM - 12:30PM <i>Dedicated To Fitness (DTF)</i>	11-11:30 Step class: especially suited for beginners. High Energy. 11:30-12:30 Revitalise: A low impact workout designed for all fitness levels. Cost \$5. Enjoy social interaction while getting fit.
<b>Roman Britain and King Arthur</b> Carla Archer 6331 4326	Tuesday 10:00AM - 11:00AM <i>Room 31, CSU</i>	A two term look at the Roman Empire in the first centuries of AD with particular emphasis on Britain's place in the empire. The decline and fall of the empire and abandonment of Britain by Rome after 410 AD and King Arthur. King of myth? Ancient History or Medieval Romance?

<b>Scrabble</b> Heather Ornek 6332 5039	Thursday 01:00PM - 03:00PM <i>Bathurst Library Foyer</i>	Come and play scrabble with a different partner each week. We have fun discovering new words, and using words to achieve our highest personal scores.
<b>Singing for Pleasure</b> Marie O'Donnell 6332 1819	Monday 12:30PM - 02:30PM <i>Bathurst Baptist Church</i>	Learning to sing as a unit, improving one's voice and breathing and creating a better singing voice while enjoying the benefit of singing and company of like minded people.
<b>Spanish for Beginners</b> Manuel Pro 0434832118	Wednesday 09:30AM - 11:00AM <i>Panthers</i>	Spanish for Beginners is suitable for people interested in the Spanish language - pronunciation, grammar, and sentence development.. Conversational Spanish continues on from this. It covers the basic Communication skills that are required to converse with Spanish speakers.
<b>Stitch and Chat</b> Rhonda Henry 6331 2773	Friday 10:00AM - 12:00PM <i>Bathurst Neighbourhood Centre</i>	A like-minded group who love to share and improve their skills which involves using crochet hook, knitting or sewing needles, and who also love a chat.
<b>Stretch and Flex</b> Pixie Lincoln 6334 3863	Monday 08:30AM - 09:15AM <i>Dedicated To Fitness (DTF)</i>	Understand fitness principles through practical exercises, including Yoga. Cost \$5 per visit.
<b>Table Tennis</b> David Nicholas 0418 482 112	Friday 10:00AM - 11:30AM <i>Walmar Park</i>	Table Tennis allows us all to enjoy a low-injury risk sport which keeps us agile, fit and flexible without overtaxing our joints. It helps us to improve our mental alertness, eye-hand coordination and general fitness. A great way to get a cardiovascular workout in a relaxed social setting.
<b>Table Tennis Tuesday</b> Kari Uri 0403 887 557	Tuesday 01:00PM - 03:30PM <i>Walmar Park</i>	Table Tennis allows us all to enjoy a low-injury risk sport which keeps us agile, fit and flexible without overtaxing our joints. It helps us to improve our mental alertness, eye-hand coordination and general fitness. A great way to get a cardiovascular workout in a relaxed social setting.
<b>Tai Chi for Health on Monday</b> Lorraine Griffin 0435 786 485	Monday 12:30PM - 02:00PM <i>Dedicated To Fitness (DTF)</i>	Learn up to 3 short Tai Chi for Health sets and several qigong exercises. The gentle, slow, rhythmical movements of this mind/body exercise deepens breathing, improves balance, flexibility, and strength. Cost is \$5 per class.
<b>Tai Chi for Health on Thursday</b> Lorraine Griffin 0435 786 485	Thursday 12:30PM - 02:00PM <i>Dedicated To Fitness (DTF)</i>	Learn up to 3 short Tai Chi for Health sets and several qigong exercises. The gentle, slow, rhythmical movements of this mind/body exercise deepens breathing, improves balance, flexibility, and strength. Cost is \$5 per class.
<b>Ukulele Singalong</b> Karin Smith 0431 821 615	Tuesday 10:00AM - 12:00PM <i>Seymour Centre</i>	Playing and singing songs from the 60's and 70's and some folk songs. Beginners are welcome. Bring along your uke.
<b>Writing your own Story</b> Peter Hodgson 6332 3021	Friday 11:00AM - 01:00PM <i>Panthers</i>	This is an opportunity to record your own or your family's story in a supportive and constructive environment.
<b>Yoga</b> Christine Stopford 0414 734 003	Wednesday 10:30AM - 12:00PM <i>Senior Citizens Centre</i>	Gentle stretching combined with deep breathing enables each participant to feel relaxed and revitalised at class end. No experience required. Bring rug, mat and pillow.