

Aqua Aerobics Irene Hancock 0412 003 438	Friday 12:00PM - 12:45PM <i>Dedicated To Fitness (DTF)</i>	Enjoy low impact gentle exercises in a shallow swimming pool to help reduce your blood pressure; improve your muscle endurance and cardiovascular health. The cost is \$6 per visit and the gym provides a social cuppa after the class.
Archery Come N Try Monday Lynette Vidler 0422 829 921	Monday 01:00PM - 02:00PM <i>Bathurst Archery Club</i>	Cost \$5/session. Learn to shoot a recurve bow. All ranges of ability catered for. Learning will take place during 12 week temporary membership. Students should enrol for either Monday or Tuesday. Please wear closed-in shoes and tie back long hair.
Archery Come N Try Tuesday Lynette Vidler 0422 829 921	Tuesday 01:00PM - 02:00PM <i>Bathurst Archery Club</i>	Cost \$5/session. Learn to shoot a recurve bow. All ranges of ability catered for. Learning will take place during 12 week temporary membership. Students should enrol for either Monday or Tuesday. Please wear closed-in shoes and tie back long hair.
Art Attack Friday Paul Martensz 0427 896 945	Friday 01:00PM - 04:00PM <i>Room 31, CSU</i>	Practise own art styles and work in a relaxed group atmosphere.
Art Attack Wednesday Jennifer Edmonds 6337 4834	Wednesday 01:00PM - 04:00PM <i>Room 31, CSU</i>	Practise own art styles and work in a relaxed group atmosphere.
Beginners Bridge Barbara Woolf	Tuesday 07:00PM - 09:00PM <i>Bathurst Bridge Club</i>	Ever wanted to learn bridge? Come along to a welcoming environment at the Bathurst Bridge Club. The classes will last the Term.
Bonsai Buddies Dianna Baillie 0466 955 946	Tuesday 10:00AM - 12:00PM <i>Walmer Park</i>	Theory and practice to maintain and enjoy little trees. We cover both the horticultural and design theory and practice to develop and maintain bonsais.
Boules and Quoits Julian Braggins 6337 7158	Wednesday 10:00AM - 11:30AM <i>Berry Park</i>	Enjoy a relaxing morning playing these gentle, fun games with U3A friends.
Chess Josef Buchta 6334 2541	Friday 01:30PM - 03:00PM <i>Panthers</i>	If you look for mental activity and social interaction in pleasant surroundings, you are welcome to join us.
Conversational Spanish Manuel Pro 6331 4389	Wednesday 09:30AM - 11:00AM <i>Panthers</i>	Conversational Spanish is for people who have completed Spanish for Beginners. It covers the basic Communication skills that are required to converse with Spanish speakers.
Craft Collective Dorothy Butler 6331 2265	Thursday 10:00AM - 12:00PM <i>Church of Hope</i>	Socialise and connect with other ladies to chat and share their activity where you can relax and enjoy things they make.
Crime Fiction Week 1 Libby Tink 6331 0769	Tuesday 02:00PM - 03:30PM <i>Bathurst Neighbourhood Centre</i>	The group discusses a variety of Crime Fiction. We read books by a different author each month. Normal term dates do not apply. First Tuesday of each month from February to December inclusive.
Crime Fiction Week 2 Jennifer Short 6331 6942	Tuesday 02:00PM - 03:30PM <i>Bathurst Neighbourhood Centre</i>	Group meets second Tuesday of each month from February to November. We all read one or more books written by a particular crime fiction author. Different members of the group take turns leading each month's discussion. We follow up with afternoon tea at a local coffee shop.
Cryptic Crosswords on Monday Lesley Carroll 0427 573 957	Monday 02:15PM - 03:45PM <i>Seymour Centre</i>	A group for people who enjoy solving cryptic crosswords with others. An understanding of how cryptic clues work would be helpful, but not necessary.
Cryptic Crosswords Thursday Lesley Carroll 0427 573 957	Thursday 02:00PM - 03:30PM <i>Home of Lesley Carroll</i>	A group for people who enjoy solving cryptic crosswords with others. An understanding of how cryptic clues work would be helpful, but not necessary.
Current Affairs Lindsay Cox 0429 916 618	Monday 10:15AM - 11:45AM <i>Panthers</i>	A discussion group
Discover Recorders Kay Campbell 6332 3000	Tuesday 12:00PM - 01:00PM <i>Bathurst Baptist Church</i>	Little or no experience required. Easy techniques in breathing, finger placement and basic note reading is covered.
Drama Petah Burns 6334 4208	Friday 02:00PM - 03:30PM <i>Seymour Centre</i>	Back to the Bard in Semester 1, with one of Shakespeare's late works 'Antony and Cleopatra'. We'll study the text, and enact significant scenes.
Flex and Move (50+) Lorraine Griffin 0435 786 485	Monday 08:30AM - 09:15AM <i>Dedicated To Fitness (DTF)</i>	Understand fitness principles through practical exercises including strength and conditioning moves. Cost \$6 per visit.

Geocaching Lesley Buchan 6337 4161	Wednesday 09:30AM - 03:30PM <i>Bathurst Library Foyer</i>	An outdoor worldwide 'treasure' seeking game using the internet and a GPS unit. See www.geocaching.com . [Weeks 2, 4, 6, and 8. Meet in the Bathurst Library Foyer.]
German Jenny MacLennan 0407 412 929	Thursday 10:15AM - 12:00PM <i>Panthers</i>	An ongoing course, but please feel free to join if you have some German Language knowledge.
Getting It Down Sue Jones 6332 3463	Thursday 10:00AM - 12:00PM <i>Bathurst Baptist Church</i>	The most precious gifts you can leave your family are your memories. Write and share your stories with a friendly, supportive group. This is not a how-to-write class.
How the Greeks and Romans built cities Carla Archer 0427 006 590	Tuesday 10:00AM - 11:00AM <i>Room 31, CSU</i>	How ancient cities evolved and their major features - C. 700BC - 410AD. Focus on Athens and Rome houses, temples, assemblies, theatres and shrines.
Introduction to Lapidary Paul Martensz 0427 896 945	Thursday 09:00AM - 12:00PM <i>Eglington Old Fire Shed</i>	Learn about basics of gems, rocks, minerals, and how to cut, grind and polish suitable materials to produce cabochons. Participants need to join the Bathurst Stamp, Coin, Collectibles and Lapidary Club Inc.
Just Write Wendy Casey 6358 0403	Wednesday 10:00AM - 12:00PM <i>Seymour Centre</i>	To be part of a cohesive and trusting group who share what they have written whether it is fact, fiction, life stories or poetry. Our mission is to "Just Write".
Learn to play Lawn Bowls Paul Rodenhuis 6332 9367	Monday 10:00AM - 12:00PM <i>Community Bowling Club</i>	Learn the basic principles and techniques to play lawn bowls. No age limit and minimum fitness required. Please bring along flat shoes and a hat.
Literature Warwick Franks 6332 3083	Monday 02:15PM - 03:45PM <i>Room 31, CSU</i>	We will explore some of the works of 17th century metaphysical and religious poets, including John Donne, in England and Australia.
Mah Jong Judith Henderson 6331 5101	Monday 10:00AM - 12:00PM <i>Seymour Centre</i>	Mahjong is a game played by up to 4 people using numbered tiles. Mahjong is mostly a game of strategy with an element of chance. Group members enjoy the opportunity to learn together.
Memorable Movies Allison Aspden 6332 3036	Friday 01:45PM - 04:00PM <i>Panthers</i>	We provide a program of movies of all genres. They are movies - often art house, from the 1970's, 1980's 1990's. Something for all!
Metaphysics and Mysteries Brian Sherman 6331 7219	Friday 10:15AM - 11:45AM <i>Panthers</i>	Metaphysical and New Age topics as well as mysteries of the past and present.
Philosophy Brian Sherman 6331 7219	Wednesday 01:00PM - 02:30PM <i>Panthers</i>	An interactive, fun class discussing general everyday philosophical topics of interest.
Quilting and Craft Sue Cowdroy 6331 8124	Friday 09:00AM - 12:00PM <i>The Old Evans Shire Council Chambers</i>	Quilting and Craft provides a venue for happy ladies to share their skills in craft and hobbies.
Read and Share Week 3 Allison Aspden 6332 3036	Tuesday 02:00PM - 03:30PM <i>Bathurst Neighbourhood Centre</i>	Each month we will discuss a work from our reading list which you will receive upon enrolment. Fiction, non-fiction, essays, short stories and poetry may be included. Members are responsible for acquiring own books.
Read and Share Week 4 Denise Payne 6332 4869	Tuesday 02:00PM - 03:30PM <i>Bathurst Neighbourhood Centre</i>	Each month we will discuss a work from our reading list which you will receive upon enrolment. Fiction, non-fiction, essays, short stories and poetry will be included. Members are responsible for acquiring own books. This course is for anyone who enjoys reading!
Reading a French Novel Katherine Cameron 0413 681 858	Tuesday 10:00AM - 11:15AM <i>Panthers</i>	Each participant takes turns at reading and translating around the circle. Each person needs their own copy of the selected novel and a moderately advanced level of competence is required.
Rediscover Recorders Kay Campbell 6332 3000	Tuesday 01:00PM - 02:30PM <i>Bathurst Baptist Church</i>	For experienced recorder players either descant, treble, tenor, bass. Music covers ensembles for classic, popular or sacred compositions.
Revitalise on Tuesday Lorraine Griffin 0435 786 485	Tuesday 11:45AM - 12:30PM <i>Dedicated To Fitness (DTF)</i>	A low impact workout designed for all fitness levels. Cost each week \$6
Revitalise Thursday Lorraine Griffin 0435 786 485	Thursday 11:45AM - 12:30PM <i>Dedicated To Fitness (DTF)</i>	A low impact workout designed for all fitness levels. Cost each week \$6

Singing for Pleasure Marie O'Donnell 6332 1819	Monday 12:30PM - 02:00PM <i>Bathurst Baptist Church</i>	To teach women to sing correctly, to emphasise their breathing and enjoyment of singing.
Spanish Speaking Club Manuel Pro 6331 4389	Wednesday 11:00AM - 12:30PM <i>Panthers</i>	This course is open to people who have completed "Conversational Spanish" and Spanish speakers of all levels. The aim of the course is to provide an opportunity for participants to maintain and further improve their Spanish language skills.
Step on Thursday Lorraine Griffin 0435 786 485	Thursday 11:00AM - 11:45AM <i>Dedicated To Fitness (DTF)</i>	High energy fitness class using a step, lots of lower options will be explained if need be. Cost each week \$6
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Stitch 'N' Chat Rhonda Henry 6331 2773	Friday 09:30AM - 12:00PM <i>Bathurst Neighbourhood Centre</i>	A like-minded group who love to share and improve their craft skills, and who also love a chat.
Table Tennis Friday David Nicholas 0418 482 112	Friday 10:00AM - 11:30AM <i>Walmer Park</i>	Recreational table-tennis
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Tai Chi for Health on Monday Lorraine Griffin 0435 786 485	Monday 12:30PM - 02:00PM <i>Dedicated To Fitness (DTF)</i>	A beginners course. Learn up to 3 short Tai Chi for health sets and several Qigong exercises. The gentle, slow, rhythmical movements of this mind/body exercise facilitates mental quietness, improves balance, flexibility, and strength. Cost each week \$6.
Tai Chi for Health on Thursday Lorraine Griffin 0435 786 485	Thursday 12:30PM - 02:00PM <i>Dedicated To Fitness (DTF)</i>	A beginners course. Learn up to 3 short Tai Chi for health sets and several Qigong exercises. The gentle, slow, rhythmical movements of this mind/body exercise facilitates mental quietness, improves balance, flexibility, and strength. Cost each week \$6.
Ukulele Singalong Karin Smith 0431 821 615	Tuesday 10:00AM - 12:00PM <i>Senior Citizens Centre</i>	Playing and singing songs from the 60's and 70's and some folk songs. Beginners are welcome. Bring along your uke.
Writing your own Story Peter Hodgson 0488 197 978	Friday 11:00AM - 01:00PM <i>Panthers</i>	This is an opportunity to record your own or your family's story in a supportive and constructive environment.