

<b>Archery Competition for Seniors</b> Lynette Vidler 0422 829 921	Monday 01:00PM - 03:00PM <i>Bathurst Archery Club</i>	This will be available to archers who have completed Archery Come n Try and are financial members of Bathurst Archers. All competitors will compete on an equal basis and awards will be presented at the end of the year. It will cost \$5 per session.
<b>Art Attack Friday</b> Paul Martensz 0427 896 945	Friday 01:00PM - 04:00PM <i>Bathurst Bridge Club</i>	Participants can work on their own works in a relaxed and supportive environment.
<b>Art Attack Wednesday</b> Jennifer Edmonds 6337 4834	Wednesday 01:00PM - 04:00PM <i>Bathurst Bridge Club</i>	Participants can work on their own works in a relaxed and supportive environment.
<b>Beginners Bridge</b> Barbara Woolf 0428 119 633	Tuesday 07:00PM - 09:00PM <i>Bathurst Bridge Club</i>	Ever wanted to learn bridge? Come along to a welcoming environment at the Bathurst Bridge Club. The classes will last the Term.
<b>Bonsai Buddies</b> Dianna Baillie 0466 955 946	Tuesday 10:00AM - 12:00PM <i>Bathurst Bushrangers Club</i>	Share your knowledge about and enthusiasm for bonsai in a one hour theory session on development and maintenance of bonsai. This is followed by working on our own trees in a workshop environment.
<b>Boules and Quoits</b> Julian Braggins 6337 7158	Wednesday 10:00AM - 11:30AM <i>Berry Park</i>	Enjoy a relaxing morning playing these gentle, fun games with U3A friends.
<b>Chess</b> John Schache 0417 681 399	Friday 01:30PM - 03:00PM <i>Panthers</i>	If you look for mental activity and social interaction in pleasant surroundings, you are welcome to join us.
<b>Conversational Spanish</b> Manuel Pro 6331 4389	Wednesday 10:00AM - 11:00AM <i>Panthers</i>	Conversational Spanish is for people who have previously completed a Spanish Language course at basic level. It covers the language communication skills that are required to converse with Spanish speakers.
<b>Craft Collective</b> Dorothy Butler 6331 2265	Thursday 10:00AM - 12:00PM <i>Church of Hope</i>	Socialise and connect with other ladies to chat and share their activity where you can relax and enjoy things they make.
<b>Crime Fiction Week 1</b> Libby Tink 6331 0769	Tuesday 02:00PM - 03:30PM <i>Bathurst Neighbourhood Centre</i>	The group discusses a variety of Crime Fiction. We read books by a different author each month. Normal term dates do not apply. First Tuesday of each month from February to December inclusive.
<b>Crime Fiction Week 2</b> Jennifer Short 6331 6942	Tuesday 02:00PM - 03:30PM <i>Bathurst Neighbourhood Centre</i>	Group meets second Tuesday of each month from February to November. Books by a different author are read each month and we take turns leading the discussion. Afterwards we socialise at Sweet Caramel.
<b>Cryptic Crosswords Monday</b> Lesley Carroll 0427 573 957	Monday 02:00PM - 03:30PM <i>Panthers</i>	A group for people who enjoy solving cryptic crosswords. An understanding of how cryptic clues work would be helpful but not necessary. Venue: Piper Room at Panthers.
<b>Cryptic Crosswords Thursday</b> Lesley Carroll 0427 573 957	Thursday 02:00PM - 03:30PM <i>Panthers</i>	A group for people who enjoy solving cryptic crosswords. An understanding of how cryptic clues work would be helpful but not necessary. Venue: Piper Room at Panthers.
<b>Current Affairs</b> Lindsay Cox 0429 916 618	Monday 10:15AM - 11:45AM <i>Panthers</i>	A discussion group
<b>Economic adaption post pandemic</b> Gordon Crisp 6331 8964	Monday 02:30PM - 03:30PM <i>Panthers</i>	Post pandemic will not be the same. Many economic aspects will be different. A discussion on how these changes could affect you.
<b>Enjoying Art at the Bathurst Regional Ar</b> Denise Payne 0421 510 042	Wednesday 02:00PM - 03:30PM <i>Bathurst Regional Art Gallery</i>	Find out about the Bathurst Regional Art Gallery. Enjoy an introduction to its current exhibitions; learn how its Permanent Collection has grown since 1955; share insights into some of its noted art works and artists. In the Lloyd Rees Room of the Bathurst Regional Art Gallery.
<b>Fibre, felt, fleece and yarn</b> Allison Aspden 6332 3036	Wednesday 10:30AM - 02:00PM <i>Bathurst Guide Hall</i>	New course dealing with wool. That is washing, combing, spinning. First Wednesday of the month. Guest lecturers and workshops.
<b>Flex and Move (50+)</b> Bev (D2F) 6332 4000	Monday 08:30AM - 09:15AM <i>Dedicated To Fitness (DTF)</i>	Affiliated course, tailored to U3A needs by an external provider; a popular activity at a discounted rate. Weekly fee \$6 (cashless) is paid directly to the provider. Understand fitness principles through practical exercises including strength and conditioning moves.
<b>French Language</b> Jenny Maclennan 0407 412 929	Wednesday 01:00PM - 03:00PM <i>Virtual</i>	French language, grammar, and vocabulary and culture in a relaxed atmosphere. The course will be conducted via email.

<b>Geocaching</b> Lesley Buchan 6332 4161	Wednesday 09:30AM - 03:30PM <i>Bathurst Library Foyer</i>	An outdoor worldwide 'treasure' seeking game using the internet and a GPS unit. See <a href="http://www.geocaching.com">www.geocaching.com</a> . [Weeks 2, 4, 6, and 8. Meet in the Bathurst Library Foyer.]
<b>German</b> Jenny MacLennan 0407 412 929	Thursday 10:15AM - 12:00PM <i>Virtual</i>	An ongoing course, but please feel free to join if you have some German Language knowledge. The course will be conducted via email.
<b>Getting It Down</b> Sue Jones 6332 3463	Thursday 10:00AM - 12:00PM <i>Bathurst Baptist Church</i>	The most precious gifts you can leave your family are your memories. Write and share your stories with a friendly, supportive group. This is not a how-to-write class.
<b>Invisible Romans</b> Carla Archer 6331 4326	Tuesday 02:00PM - 03:00PM <i>Bathurst Bridge Club</i>	Invisible Romans: ordinary men and women, the poor, the slaves, free men, soldiers, gladiators, bandits and pirates.
<b>Just Write</b> Wendy Casey 0417 576 385	Wednesday 10:00AM - 12:00PM <i>Panthers</i>	Whether you write poetry, travel, fiction or non-fiction, you are welcome to share your stories with a group of enthusiastic writers. Venue: Bridal room at Panthers.
<b>Learn to play Lawn Bowls</b> Paul Rodenhuis 0408 449 211	Monday 10:00AM - 12:00PM <i>Community Bowling Club</i>	Learn the basic principles and techniques to play lawn bowls. No age limit and minimum fitness required. Please bring along flat shoes and a hat.
<b>Mah Jong</b> Judith Henderson 6331 5101	Monday 10:00AM - 12:00PM <i>Bathurst Guide Hall</i>	Mahjong is a game played by up to 4 people using numbered tiles. Mahjong is mostly a game of strategy with an element of chance. Group members enjoy the opportunity to learn together.
<b>Memorable Movies</b> Allison Aspden 6332 3036	Friday 01:45PM - 04:00PM <i>Panthers</i>	We provide a program of movies of all genres. They are movies from the 1950's, 1960's, 1970's, and 1980's. Something for all! Venue: Macquarie room at Panthers.
<b>Metaphysics and Mysteries</b> Brian Sherman 6331 7219	Friday 10:15AM - 11:45AM <i>Panthers</i>	Metaphysical and New Age topics as well as mysteries of the past and present.
<b>Philosophy</b> Brian Sherman 6331 7219	Wednesday 01:00PM - 02:30PM <i>Panthers</i>	An interactive, fun class discussing general everyday philosophical topics of interest.
<b>Read and Share Week 3</b> Allison Aspden 6332 3036	Tuesday 02:00PM - 03:30PM <i>Bathurst Neighbourhood Centre</i>	Each month we will discuss a work from our reading list. The list includes fiction, non-fiction, and memoirs. Members are responsible for acquiring own books.
<b>Read and Share Week 4</b> Denise Payne 0421 510 042	Tuesday 02:00PM - 03:30PM <i>Bathurst Neighbourhood Centre</i>	We will read and discuss a wide variety of literature -- novels, memoirs, non-fiction and poetry. Our reading list was compiled by our last year's group. Members are responsible for acquiring their own books.
<b>Rediscover Recorders</b> Kay Campbell 6332 3000	Tuesday 01:00PM - 02:30PM <i>Bathurst Baptist Church</i>	For experienced recorder players either descant, treble, tenor, bass. Music covers ensembles for classic, popular or sacred compositions.
<b>Revitalise Thursday</b> Bev (D2F) 6332 4000	Thursday 11:45AM - 12:30PM <i>Dedicated To Fitness (DTF)</i>	Affiliated course, tailored to U3A needs by an external provider; a popular activity at a discounted rate. Weekly session fee \$6 (cashless) is paid directly to the provider. A low impact workout designed for all fitness levels.
<b>Revitalise Tuesday</b> Bev (D2F) 6332 4000	Tuesday 11:45AM - 12:30PM <i>Dedicated To Fitness (DTF)</i>	Affiliated course, tailored to U3A needs by an external provider; a popular activity at a discounted rate. Weekly session fee \$6 (cashless) is paid directly to the provider. A low impact workout designed for all fitness levels.
<b>Spanish Speaking Club</b> Manuel Pro 6331 4389	Wednesday 11:00AM - 12:00PM <i>Panthers</i>	This course is open to people who have completed "Conversational Spanish" and Spanish speakers of all levels. The aim of the course is to provide an opportunity for participants to maintain and further improve their Spanish language skills.
<b>Step Thursday</b> Bev (D2F) 6332 4000	Thursday 11:00AM - 11:45AM <i>Dedicated To Fitness (DTF)</i>	Affiliated course, tailored to U3A needs by an external provider; a popular activity at a discounted rate. Weekly session fee \$6 (cashless) is paid directly to the provider. High energy fitness class using a step, lots of lower options will be explained if need be
<b>Step Tuesday</b> Bev (D2F) 6332 4000	Tuesday 11:00AM - 11:45AM <i>Dedicated To Fitness (DTF)</i>	Affiliated course, tailored to U3A needs by an external provider; a popular activity at a discounted rate. Weekly session fee \$6 (cashless) is paid directly to the provider. High energy fitness class using a step, lots of lower options will be explained if need be
<b>Stitch 'N' Chat</b> Rhonda Henry 6331 2773	Friday 10:00AM - 12:00PM <i>Panthers</i>	A like-minded group who love to share and improve their craft skills, and who also love a chat. Venue: Piper room at Panthers.

<b>Table Tennis Friday</b> David Nicholas 0418 482 112	Friday 10:00AM - 11:30AM <i>Bathurst Baptist Church</i>	Recreational table-tennis
<b>Table Tennis Tuesday</b> David Nicholas 0418 482 112	Tuesday 01:30PM - 03:30PM <i>Bathurst Baptist Church</i>	Recreational table-tennis
<b>Tai Chi for Health Monday</b> Lorraine Griffin 0435 786 485	Monday 12:30PM - 01:20PM <i>Dedicated To Fitness (DTF)</i>	Affiliated course. Pay \$6 (cashless) weekly session fee directly to the provider. Beginners' course of easy to learn Tai Chi and Qigong. The gentle, slow, rhythmical mind/body exercise facilitates mental quietness, improves balance, flexibility, and coordination.
<b>Tai Chi for Health Thursday</b> Lorraine Griffin 0435 786 485	Thursday 12:30PM - 01:20PM <i>Dedicated To Fitness (DTF)</i>	Affiliated course. Pay \$6 (cashless) weekly session fee directly to the provider. Beginners' course of easy to learn Tai Chi and Qigong. The gentle, slow, rhythmical mind/body exercise facilitates mental quietness, improves balance, flexibility, and coordination.
<b>Ukulele Singalong</b> Karin Smith 0431 821 615	Tuesday 10:00AM - 12:00PM <i>CWA Hall</i>	Playing and singing songs from the 60's and 70's and some folk songs. Beginners are welcome. Bring along your uke.
<b>Walking Group</b> Kaye Price 6331 3199	Tuesday 08:00AM - 09:30AM <i>Rear of MacDonalds Carpark</i>	We will aim to walk 4-5 kms in about an hour. Be surprised where your feet will take you. Please wear a hat and carry bottle of water.
<b>Writing your own Story</b> Graham West 6334 4014	Friday 11:00AM - 01:00PM <i>Panthers</i>	Do you have a life experience you would like to preserve and share with your children and grand-children. Come along and join a friendly, supportive group, who in their different styles are sharing their history. Venue: Bridal suite at Panthers.
<b>Yoga</b> Marilyn Zapel 6337 2635	Thursday 09:00AM - 10:00AM <i>Bathurst Uniting Church Hall, William St</i>	Affiliated course, tailored to U3A needs by an external provider; accesses a popular activity at a discounted rate. Weekly session fee \$6 is paid directly to the provider. Gentle yoga that can be adapted to anyone; stand or use a chair. Yoga mat required.
<b>Zumba</b> Karen Granger 0417 066 515	Wednesday 09:15AM - 10:00AM <i>Healthworld Fitness Club</i>	Affiliated course, tailored to U3A needs by an external provider; accesses a popular activity at a discounted rate. Weekly session fee \$7 is paid directly to the provider (Healthworld). Lighten your mood with easy dancing.